



Many children will be receiving digital gifts this festive season, including Laptops, Tablets, Gaming Consoles and Smartphones. Our children are online and connected as never before.

This useful guide for parents will help the whole family get the most from their terrific technology, keep everyone **safe** and set a fantastic foundation for a lifetime of digital use.



*Set clear expectations for digital use -  
Discuss time limits, safe sites, good behaviour online*



*Consider parental controls -  
Filters on your home internet connection can help you ensure only safe sites can be visited*



*Get to know your child's online life -  
Do you know who their 'friends' are?  
Do you both understand not everything online is true?*



*Keep your hardware and software safe -  
Avoid infection by updating programmes that will keep your device safe.*



*Be careful what you share -  
Keep yourself and your family safe by exploring all privacy settings and changing them to best suit you and your needs*



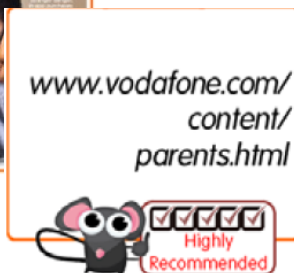
*Know how to report content -  
With your family, look for 'Report' buttons or tabs on different websites and know how*



Visit these useful websites for further advice and top tips!



Or ask to speak to a member of staff!



[www.childnet.com/parents-and-carers](http://www.childnet.com/parents-and-carers)



[www.saferinternet.org/advice-and-resources/parents-and-carers](http://www.saferinternet.org/advice-and-resources/parents-and-carers)



[www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents)